

Government of the Republic of Trinidad and Tobago

MINISTRY OF EDUCATION



Indian Arrival Day is celebrated on 30th May every year. This day was declared a national holiday in 1994. The day marks the arrival of the first East Indian indentured (contract) labourers. They arrived by ship from India to Trinidad in May 1845, to work on the sugar cane plantations.

The first East Indians came to Trinidad on the ship called the Fatel Razack.

The last ship was the **Ganges** which docked on April 22nd 1917.



East Indian spices and food



Spices like turmeric, cardamom and curry powders are used in



Singers

foods and drinks.

Sundar Popo



Do you want to learn Indian classical dance?



Indian delicacies (sweets) include kurma, ladoo, barfi and gulab jamoon.







Ravi B

Rana and Susan Mohip



Infants

Nelson Island, a national heritage site, was used to land, register and guarantine Indian indentured labourers. They were then sent to the sugar plantations, cocoa and coconut estates. Ex-indentures who were returning to India, also departed from Nelson Island. The island is part of the Five Islands and is managed by The National Trust of Trinidad and Tobago. Take a virtual tour!



https://www.youtube.com/watch?v=gcBFOAj_RSE https://nationaltrust.tt/heritage-sites/nelson-island/

Indian Heritage in Trinidad and Tobago

The arrival of East Indians in Trinidad and Tobago has influenced our culture and heritage. Such influences include: Music: Musicians use the musical instruments below to make beautiful music loved by many today.



Clothing:







Week 8-Term 3

lehenga choli

Women traditionally wore a dress draped with an orhni.

Traditional Cooking Utensils

Let's look at some traditional kitchen utensils that are still in use.

kurta, sari and

shalwar.





dhoti

The chula or fireside can cook all meals and can also be used for baking.





A dhaal ghotni (swizzle stick) can blend or puree.

The chauki and belna (rolling pin), talwah (baking stone) and dabla (wooden stick) are used for making roti.









5. Jan_____ four blocks.



Infant 2 - Comprehension

Read the passage and answer the questions.



The Scarlet Ibis is one of our national birds. It lives in the Caroni Swamp. You can see the Scarlet Ibis on our one-dollar bill. It is a protected bird.



- 1. What colour is the Scarlet Ibis?
- 2. The Scarlet Ibis has a long _____ and long _____.
- 3. Where does the Scarlet Ibis live?
- 4. Where can we find a picture of the Scarlet Ibis?

5. Why is the Scarlet Ibis a **protected** bird? Ask an adult to help you answer this question.

Infant 2 - was or were

Singular (One)	Plural (More than one)	
I was	We were	
He was	You were	
She was	They were	
It was		

Put in <u>was</u> or <u>were</u> to complete each sentence.

- 1. I <u>was</u> eating pizza.
- 2. She _____ on the swing.
- 3. We _____ going to school.
- 4. You _____ in the house.
- 5. It _____ my party.
- 6. They _____ happy.

Complete these sentences.

- .He was ___
- 2. They were ____

Infant 2- Out of Shapes: My Toy Train

Let's use plane shapes to make a toy train. Let an adult help you. Draw, colour, cut out and stick the shapes below to make the toy train.



Look at your train. Colour the shape that fits the description below. The first one is done for you.

1. I am under	
2. I am above	
3. I am below	
4. I am next to 🔴	

Infant 2 - Measuring the duration of activities



Work with an adult to help you measure how long it takes for you to complete the activities below. Record how long you took.

Then switch places and you clap. Remember to count the number of claps used to measure the duration of each activity and write it below each picture.

Water a plant	Put on a mask	Wash your hands
	P	
I took claps.	I took claps.	I took claps.
Adult took claps.	Adult took claps.	Adult took claps.

Indian Arrival Day

Plants significant to the East Indian community There are many plants used today that are significant or important to the East Indian people.

Infants

Activity Pack



The tulsi plant is a sacred plant used for pujas and has many medicinal benefits.



The moringa or saijjan (miracle tree) leaves are a good source of vitamins and minerals. It can be used to cure many



Soharee leaves (food for the Gods) are use as plates in religious functions.

Place Names

The map below shows examples of some communities where Fast Indians settled What do you notice about some of these place names?

Yes, they are names of areas in India!

Learn more about the contributions of the East Indians by visiting:



The Indian Caribbean Museum of Trinidad and Tobago located at Waterloo Road. Carapichaima. There you can find there documents and artifacts/pieces, related to East Indian history in the Caribbean. For more information go to: <u>https://www.ictt.org</u>



The Mud House Museum is located at Siparia Old Road in Avocat. You can see items that show us how the East Indian Indentured labourers lived. For more information go to: https://mud-house-museum.business.site/

*2:2:4

Reading, learning and experiencing events such as Indian Arrival Day reminds us of the beautiful and special place that is our nation, Trinidad and Tobago. Even though there are different people, different races, and different ways of doing things, we are one nation which we must cherish! Let us continue to show our love and care for each other and live in harmony!



means to give good health) is used in pujas and for its healing properties like reducing fever and high blood pressure.

Fever/Lemon grass is used in cooking but is more popular as a tea for reducing fevers. It also keeps insects away.



Karapalli (curry leaves or sweet neem) is a herb added to curry dishes.







Steps



1. Place the 3 paper towel rolls on the table. Line them up making

- sure they are touching each other and secure with tape or glue.
- 2. On the centre paper towel roll, make three holes equally spaced. 3. Cut out 3 A shapes and 3 small triangles.
- 4. On the 🖲 shapes, using your paper punch, make one hole at the
- 6. Secure your small triangles at the top of each straw.
- the centre paper towel roll.
- 8. You can decorate your boat with paper waves stuck to the sides

EL Socorro North Central Primary School

Infant 1 Teacher: Ms. Chantelle Felix Project: La Soufriere Volcano





Khai Campbell



Celine & Ferrell Phillip

Infant 2 Teacher: Ms. Nimoi Yuk Que Stage 1 -Stage 2 -Seed The seedling

Project: Growth of a seedling

Young plant

Stage 3 -

Stage 4 -Adult Plant

Amaiya Joseph













centre top and at the centre bottom. 5. Place your straw through these holes.

- 7. Insert and secure your straw into the holes previously made in

of the paper towel rolls.









Activity

Get the help of your parent or guardian and... Make your own Fatel Razack

Coloured paper/foam

board/bristol board

- 3 long drinking straws (or wooden skewers)
- 3 paper towel rolls (or toilet paper rolls)
- Clear/coloured tape and
- Strong glue Single hole paper punch

Scissors