



Government of the Republic of Trinidad and Tobago

# MINISTRY OF EDUCATION

## ECCE Activity Pack

Week 9 Term 3

### Transition: Making New Friends

Starting school is a critical and potentially stressful time for many young children, and having supportive relationships with parents, teachers, peers and friends offer better outcomes for school adjustment and social relationships.



An increased focus on how children experience the transition from preschool to formal schooling can inform our understanding of children's everyday experiences. This information can support a child's transition to school marks his/her entry into a school system with a particular set of new institutional and social practices (Dockett & Perry, 2001, 2004). Major changes for children include learning about a new

environment and engaging in different social experiences (Fabian, 2000). During the critical time of transitioning, supportive relationships with parents, teachers and peers have been found to alleviate any issues or problems that arise during the adjustment phase.

In particular, having friends is identified as a critical and immediate benefit that can also offer better long-term outcomes for school adjustment and social relationships. However, as Dunn (2004) points out, starting school is an uncertain time, offering opportunities for new friendships while also possibly being rejected by others. The process of transitioning to schools can be made more difficult when children move schools, or attend a school outside their local community (Dunn, 2004).

#### The value of friends and peer relationships in starting school

Peer interaction is where children interact with peers in a stable set of activities or routines, artefacts, values, and concerns. In other words, being a member of a peer group suggests young children "doing things together" and opportunities for shared social interaction. On entering school, children who already have friends, and who have high levels of peer acceptance, should adjust better to a new school environment than those children who do not.

**Materials:** Paper, crayons/markers/pencil, bristol board, scissors, construction paper, string, paper cups, glue, tape



### Remote Learning Daily Schedule

Time	Activity
9:00 - 9:30	<b>Personal Awareness</b> Preparation for the day
9:30 - 10:00	<b>Circle Time (Online)</b> Discussion about values: Reading stories
10:00 - 10:15	<b>Individual Activity (Online)</b>
10:15 - 10:30	<b>Fruit Time</b>
10:30 - 11:00	<b>Outdoor Play</b>
11:00 - 11:30	<b>Stories/Rhymes</b>
11:30 - 12:30	<b>Lunch Prep</b> Lunch Break & Clean up
12:30 - 12:45	<b>Recall</b> - Discussions based on the day's activities

## Activities for three (3) and four (4) year olds—PART 1

### Monday

#### Picture reading

- Parents will discuss the pictures with the child (Use words such as routines, adjusting, new normal)
- Give the child the opportunity to draw the pictures on a piece of paper or Bristol board and cut out each picture and write a number behind each one
- Allow the child the opportunity to sequence the cards to follow the routine (this should be done daily to help the child understand the new daily routine)



#### Physical Activity: They hygiene dance

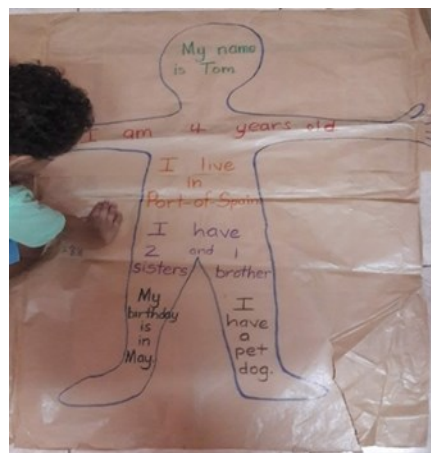
- This is the way we wear our masks, wear our masks, wear our masks- block nose and mouth
- This is the way we wear our masks, early in the morning.
- This is the way we wash our hands - wash hands
- This is the way we stay in our own space - stretch legs open
- This is the way we eat our own food - use hands to show eating motion
- This is the way we stay at home - put hands over head to from house



### Tuesday

#### Activity 1—Introducing Myself

- Discuss how to introduce yourself to someone else and practice with adult/ siblings. For example, "Hello, my name is \_\_\_\_\_."; "What is your name?"; "I am \_\_\_\_\_ years old, how old are you?"
- Using a large sheet of paper let the child lie down and trace around his/her body. Then write/trace information about him/herself on the different parts of the body.



### Wednesday

#### Meeting my Friend Board Game

- Make a floorboard game as like in the picture.
- Use bottle covers or small pebbles as game pieces and a die.
- Each player starts on opposite ends of the board, taking turns to roll the die,
- Players will move forward with the aim of finally meeting together in the middle of the board.
- Along the way players may land on various blocks with instructions to move forward or backward a certain number of places, or to do an action with your friend (thumbs up, send a kiss, high five, wave)



#### Physical Activity: Communication Cups

- Pierce one hole at the bottom of two paper cups.
- Insert string into the bottom of two paper cups. Make two knots on both ends and use a paper clip to secure the string attached to make a paper cup phone.
- Parent (sender) talks into the paper cup phone and the child (receiver) will listen on the other end.
- Send a message to the child for him to perform different actions. (e.g. "hop on one foot")
- Parent and child can switch roles; the child becomes the sender and the parent the receiver.



#### Physical Activity: Friendship Shadow Dance

- Go outside and allow the child to find other family members shadows and "dance with the shadows"





## Activities for three (3) and four (4) year olds—PART 2

### Thursday

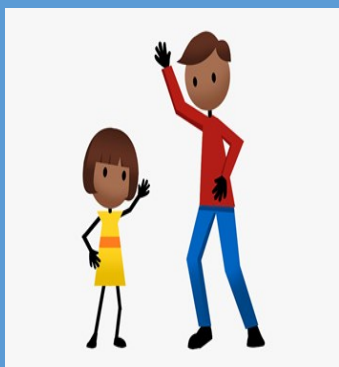
#### Activity 2—My Favourite Things

- Encourage the child to talk about their favourite things, then compare with someone else.  
E.g "My favourite colour is \_\_\_, what's yours?"; "I love to eat \_\_\_, what's your favourite food?"
- Draw/ colour pictures and write/trace words about their favourite colour, food, toy and book.
- Make a 'My Favourite Things' poster as shown in the picture.
- The child can then do Show and Tell with their friends online and those in the home environment.



#### Physical Activity: Follow the Leader

- Draw a circle outdoor
- Adult will stand in the middle of the circle and show their moves
- Child will mimic the action then go in the middle and do their own movements
- Music can be played to make the activity more fun



### Friday

#### A Good Friend Sandwich

- Children will sing the song 'What is a friend' to the tune of "The farmer in the dell".
- Child will engage in discussions about the qualities of a good friend.
- Child will draw the different parts of the sandwich, trace/write the friend words on each piece and colour.
- To make the sandwich, punch a small hole in the upper corner of each piece and thread together using string.

Sung to the tune "A farmer in the dell"

A friend is someone who is kind,  
a friend is someone who is kind,  
Hi-ho the derry-o, a friend is someone who is kind.

A friend is some who shares, a friend is someone who shares,  
Hi-ho the derry-o, a friend is someone who shares.



#### Friendship Sandwich

- Some sandwich ingredients go together like best friends
- Make a friendship sandwiches using peanut butter and jelly and share it with someone at home

#### Physical Activity: Long Jump

- Mark off a starting point in your living room or outdoor
- Jump off the starting point and put a piece of tape or mark with chalk where you land
- Keep trying to beat your record, moving the tape or drawing a line each time you go further
- Take turns trying to better your own distance



### Weekly Web Quest What is a WebQuest?



A WebQuest is an activity children complete using the Internet to get information on a specific topic.

Select the link [https://www.youtube.com/watch?v=i-RCO\\_JzI70](https://www.youtube.com/watch?v=i-RCO_JzI70)

and listen to a story entitled "Making A Friend" to learn about ways children can make new friends.

Friendships help children develop important life skills such as getting along with other people and sorting out conflicts and problems.

Select the link below to view the video entitled "Friendship Activities for Kids"

<https://www.youtube.com/watch?v=mG3LlzvVc7M>

Following the videos help your child create a friendship crown by drawing or writing things they would do to be a good friend to someone else.



Colouring Page

# Kindness

Help Others



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**Leading Stars ECCE**  
...bringing our classes closer to you!

Monday to Friday on



9:00 am (Circle Time)  
10:45 am (Story Telling)  
and 12:30 pm (Recall)

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From Monday to Sunday  
at 8:00 a.m. & 2:00 p.m.

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