



Government of the Republic of Trinidad and Tobago

MINISTRY OF EDUCATION



ECCE Activity Pack

Week 5 Term 1

Four Activities to Teach Responsibility



It is so important to teach responsibility in early childhood education. Starting at an early age, parents and teachers alike can begin to instill habits that: promote good work ethics; and teach children lessons that will serve them well into adulthood.

From improved self-esteem and confidence to being considerate of the needs of others, responsibility is an essential trait that caregivers can help young children learn to appreciate.

The following is a list of four (4) effective activities that teach responsibility to young children and can be easily incorporated into their daily lives:

Model Responsibility- The most effective way to teach responsibility is through **modelling**. Parents act responsibly and children model this behaviour. (E.g. state that it's time to put the dirty dishes in the sink after lunch in front of your child.) Use a "we" phrase which shows that everyone is responsible for performing the action.

Assign Individual Tasks- Allow young children to help out with small **chores** in the home. There are many little tasks that can be assigned to children that can help them develop a sense of importance as part of the family. Additionally, it can allow children ownership of and responsibility for chores in the home.(e.g. feeding the pet, packing away their toys etc.)

Find Responsible Solutions Together- Present your child with a range of situations and scenarios and ask them to suggest a responsible **solution** (e.g. if a stranger offers them candy in the supermarket, what should they do?) Ask children to give their opinion and then select the most responsible solution and also explain why. This is a fun, interactive activity to teach responsibility.

Offer Praise- Positive reinforcement is an excellent way to demonstrate to children that their efforts are **appreciated**. This positive encouragement will help preschoolers develop a sense of ownership over certain tasks and help them take more initiative in future situations.



Remote Learning

Time	Activity
9:00 - 9:30	Personal Awareness Preparation for the day
9:30 - 10:00	Circle Time (Online) Discussion about values: Reading stories
10:00 - 10:15	Individual Activity (Online)
10:15 - 10:30	Fruit Time
10:30 - 11:00	Outdoor Play
11:00 - 11:30	Stories/Rhymes
11:30 - 12:30	Lunch Prep Lunch Break & Clean up
12:30 - 12:45	Recall - Discussions based on the day's activities



Materials: paper, crayons, markers, string, cardboard, paper rolls, sticks, tape, sponges, bucket, flour dough



Learning through Play

Activities for three (3) and four (4) year old—PART 1



Monday

We have roles and responsibilities

- Show the child images of family members involved in doing different tasks
- Allow the child to describe what he/she is seeing in the picture
- Explain the roles and responsibilities of each family member
- Child will use recyclable materials and create a mobile of a family working together



Tuesday

Family Chores Chart

- Discuss a list of chores done at home
- Create your family chores chart (see picture for an example)
- Count the number of chores done by each family member

Father	Mother	Grandmother	Child

Wednesday

Family occupation paper doll rolls

- Cut out circles and draw faces to represent family members
- Stick each circle face around a paper roll as seen in the picture
- Create paper roll dolls to represent the job of each family member (e.g. police officer, teacher, cashier, lawyer etc.)
- Match the dolls to the faces on the roll



Physical Activity



Dress Up Relay

- Use hula-hoops or boxes to mark the two ends of your raceway
- At each end, place a variety of dress-up items (use children's dress-up items, or add in some fun things from grown-ups)
- Have your child start at one point
- When you say go, they will run to the other end of the course. Choose one item, and put it on
- They then run to the other end of the course. Choose another item, and put that on as well
- Repeat until your child is fully dressed

Physical Activity



Pick the fruit

- Draw fruits on paper plates, or cut them out of cardboard and hang them on lower branches of a tree or upon fence posts (try hanging the fruits at varying levels)
- Give your child a basket, bag, or box, and have them pick the "fruit" from the tree



Physical Activity



Delivery Driver



- Set up a shop at one end of your space, and wait for your child at the other
- Have the child take your order, ride to their store, and bring back your item
- For safety, let the child to use a backpack to carry items



Activities for three (3) and four (4) year old—PART 2

Thursday

Let's get it sorted

- Encourage the child to pack up his/her toys
- Incorporate counting as they put each toy away
- Separate by colour
- Pack from the smallest to the biggest
- Set a timer for the child to pack away the toys before the timer goes off!



Physical Activity



Ground Ladder

-Place some sticks on the ground like the rungs of a ladder (Choose the spacing according to the size of your child)

-Have your child jump from one gap between "rungs" to another (If your child masters two-foot jumping, mix things up, and get them to hop on one foot)

- As your child progresses, move the rungs a little further apart to keep it challenging



Friday

Our Family Pet

- Use some left over roti or bread dough to shape into your family pet
- If you don't have a pet choose an animal you like
- Raisins and nuts can be used for facial features
- Bake for 10 -15 minutes



Physical Activity



Wet Sponge Designs

- Gather lots of sponges and provide a tub of water for endless re-soaking

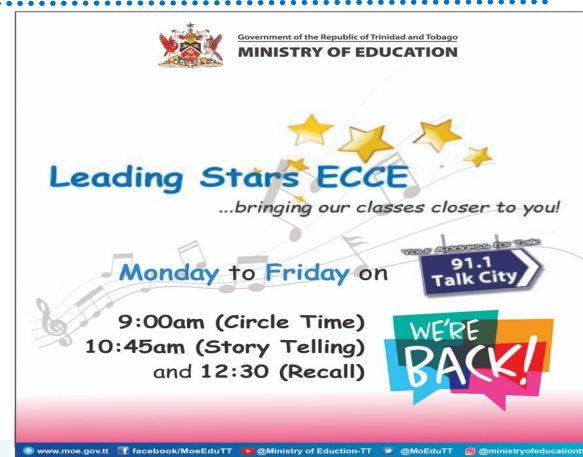
- Allow the child to throw his/her sponges on a wall or on a cement surface to make designs



ECCE RESOURCES

For All ECCE Activity Packs <https://www.moe.gov.tt/ecce-activity-packs-2/> they are free to download and print anytime at your convenience

YouTube link for radio programming <https://bit.ly/3Bxz2WO>



Colouring Page

World Teachers' Day

5 October 2021

World Teachers' Day is held annually on 5 October to celebrate all teachers around the globe.

One and a half years into the COVID-19 crisis, the 2021 World Teachers' Day will focus on the support teachers need to fully contribute to the recovery process under the theme **"Teachers at the heart of education recovery"**.

Thank You Teacher Video

- Video record your child saying thank you to his/her teacher by either singing a song or reciting a poem
- Send to the child's teacher

