



Government of the Republic of Trinidad and Tobago

# MINISTRY OF EDUCATION

## ECCE Activity Pack

Week 4 Term 3

### Engagement for Supporting Student Transitioning into the Primary School Level

#### Transition: Parental Involvement/Engagement



The phrase "parental involvement/engagement" in children's learning may invoke images of parents eagerly helping children make Easter baskets or volunteering at school fundraisers. However, there are other ways to get involved in your child's educational experiences during in the primary school years. One of the most effective ways that parents can support their children's learning is by encouraging them in the home environment.



#### Practical tips for creating a positive home learning environment

- ask questions about what your child is learning, and encourage and support them in the completion of their homework;
- help teach your child organisational and self-study skills, such as keeping notebooks organised, and creating time and space for learning activities;
- show an interest in your child's learning, and listen to them while they talk about their day;
- engage them with the information distributed by your child's schools (via Facebook, email, website, etc.); and
- provide access to learning resources, such as trips to the library, access to internet, and materials to complete homework.
- These strategies create a range of ways that connect the home and primary school environments. By being engaged and interested in your child's activities, parents can be powerful supporters of their children's learning.

**Materials:** Bristol board/cardboard, paper, picture of healthy foods, paper towel roll, cling film/clear plastic, rubber bands, flashlight, paper towel, plate, Coloured markers, water, ingredients for bread, nature materials.



#### Remote Learning Daily Schedule

Time	Activity
9:00 - 9:30	<b>Personal Awareness</b> Preparation for the day
9:30 - 10:00	<b>Circle Time (Online)</b> Discussion about values: Reading stories
10:00 - 10:15	<b>Individual Activity (Online)</b>
10:15 - 10:30	<b>Fruit Time</b>
10:30 - 11:00	<b>Outdoor Play</b>
11:00 - 11:30	<b>Stories/Rhymes</b>
11:30 - 12:30	<b>Lunch Prep</b> Lunch Break & Clean up
12:30 - 12:45	<b>Recall</b> - Discussions based on the day's activities

## Activities for three (3) and four (4) year olds—PART 1

### Monday

#### I can eat the rainbow

- Use the graphic to discuss the foods in the rainbow
- For each colour show the child pictures of the foods
- Create a rainbow as seen in the graphic and allow the child to stick the appropriate food on the colours



#### Physical Activity: Food Investigators

- Parent will hide pictures of healthy fruits and vegetables throughout the house
- As parent calls out a colour, child will find a food in that colour



### Tuesday

#### Foldable Food Diary

- Look at the food pyramid and discuss the foods
- Identify the foods that are eaten at the various meals
- Cut out the foods from the pyramid and create a food diary
- Fold a piece of paper in an accordion style with four sections
- Label each section as seen in the photo
- Stick the food pictures eaten at each meal
- Attach a mouth to the top and bottom of the food diary



### Wednesday

#### Shadow foods

- Wrap paper rolls with cling film and tie with rubber bands
- Cut out pictures of healthy food and glue to the cling film
- Turn the lights off and use a flashlight to project light in the tube to identify the food shadows on the wall



#### Physical Activity: Feed the Chef

- Draw a boy/girl and cut a large space for the mouth
- Stick the drawing on a plastic container for the food to fall into
- Parent will call out instructions and the child will find the food in the kitchen and feed the chef (e.g. find something you eat for breakfast)



#### Physical Activity: Shadow Catch

- Parent will project the shadows from the previous activity at various heights on the wall
- Child will stretch and jump to touch the shadows





## Activities for three (3) and four (4) year olds—PART 2

### Thursday

#### Magic Message to Mom

- Fold a paper towel in half
- On the lower half write a message to mom (4 yrs old) or draw an image of mom using a coloured marker
- Fold the top half over the message/ drawing
- Place the folded paper towel in a shallow dish and pour some water on it and see the magic happens



### Friday

#### Let's bake bread with Little Red Hen

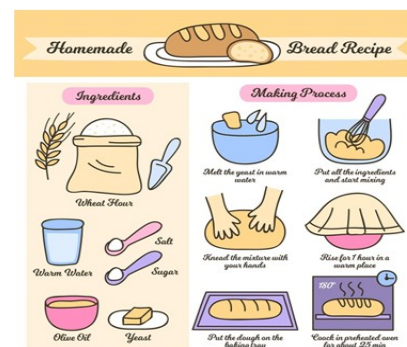


The classic story of the Little Red Hen is a great launching pad for exploring the concept of food production (it is about the whole process of making bread - from growing the wheat to grinding the flour to baking the loaf in the oven).

- Read and discuss the story of the **Little Red Hen** with your child
- Follow the instructions from the story to make bread
- Make a sandwich from the baked bread and share with mom

#### Parental Support

To bring the story to life create a puppet show, or perform it using masks or costumes. There is a lot of scope for additional creative activities (making puppets/props/masks), as well as bread making/



#### Physical Activity: Word Buddies

- Child and mother will follow the images to spell the word **mom** or **mother** with their bodies



#### Physical Activity: Nature walk with Mom

- A mother figure (mother, grandmother, aunt, guardian) and the child will go outdoors for a nature walk
- The child will gather flowers and other natural materials while on the walk
- Use the materials to create a picture for mom (Add your own creativity)



### Weekly Web Quest

#### What is a WebQuest?

A WebQuest is an activity children complete using the Internet to get information on a specific topic. Select the link below and listen to a story entitled "**Why should I Eat Well**" to learn about eating healthy. A healthy diet is vital for every aspect of life. Healthy eating promotes healthy body and healthy minds. <https://www.youtube.com/watch?v=mMHVEFWNLMc&t=80s>

Select the link below to play a fun food quiz entitled "**Healthy Unhealthy Food Quiz**" <https://www.youtube.com/watch?v=GnfTHsdTodA>

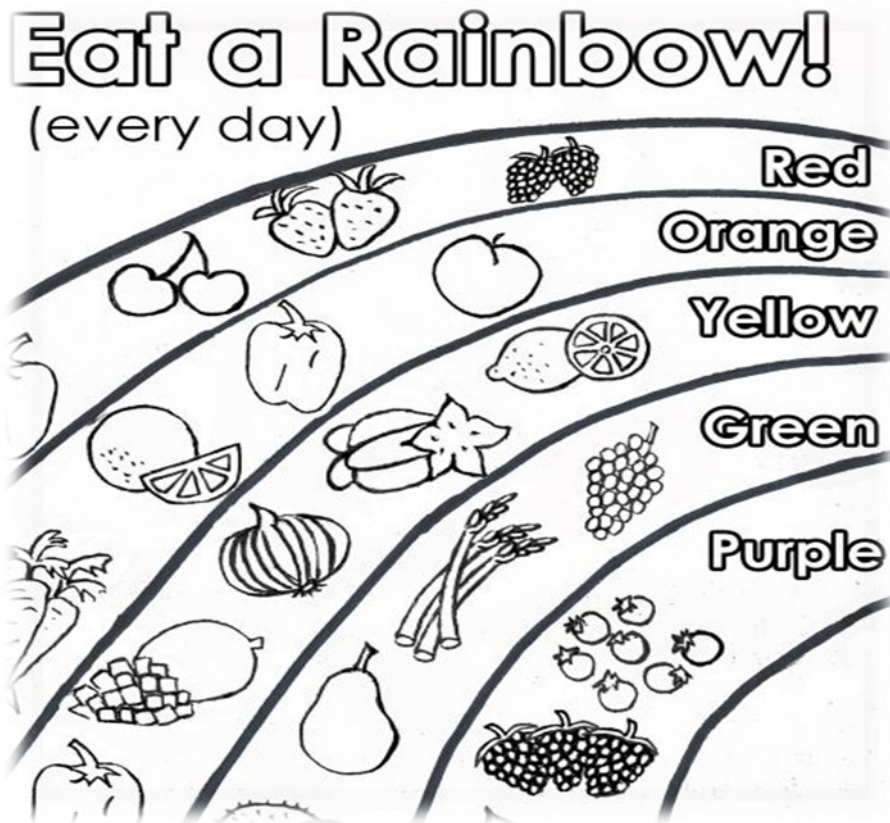
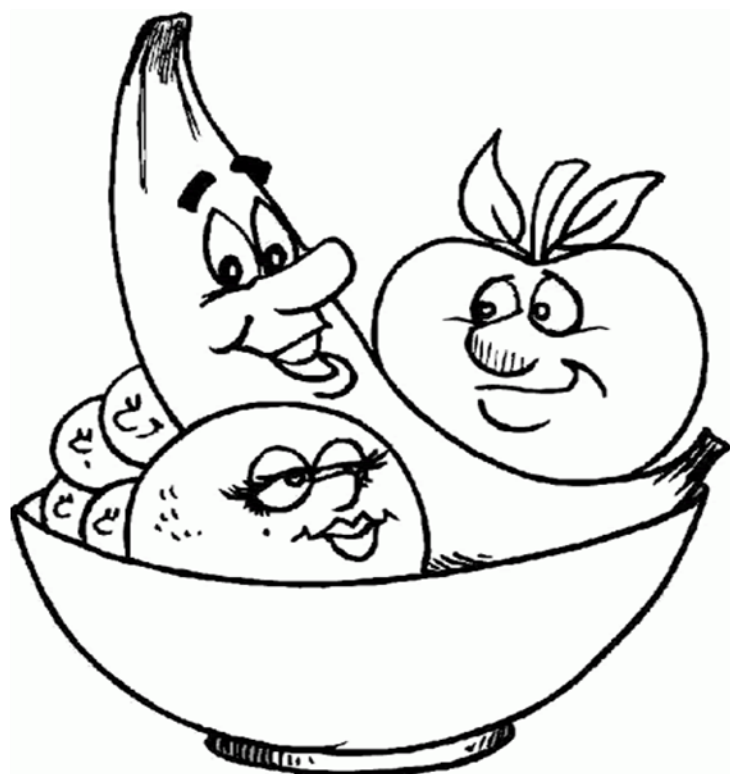
Select the link below to play a fun food quiz entitled "What's in the Pot" <https://www.youtube.com/watch?v=PrEVtpX5Lc8>

Following the videos mom and child can make a simple a snack together.





Colouring Page



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**Leading Stars ECCE**  
...bringing our classes closer to you!

Monday to Friday on



9:00 am (Circle Time)  
10:45 am (Story Telling)  
and 12:30 pm (Recall)

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From Monday to Sunday  
at 8:00 a.m. & 2:00 p.m.

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