



Government of the Republic of Trinidad and Tobago

MINISTRY OF EDUCATION

ECCE Activity Pack

Week 2 Term 3

Routines and Expectations

The Importance of Routines

Preschoolers need to follow a routine whether it is in a face-to-face setting or in a virtual space. There is a sense of security that comes from their days being somewhat predictable and therefore, not so uncertain. Just like adults, children feel more confident and secure when their daily activities are predictable and familiar.



By following a clear and simple routine young children can:

- feel in control of their environment
- feel safe, secure, and comfortable
- know what is happening now and what will come next
- engage in learning
- develop relationships with the people they interact with
- gain a sense of belonging and self-confidence



Expectations

Knowing what to expect will help ease the transition for children who are moving up and moving on. Both parents and teachers have certain expectations for preschoolers. However, it is important that these expectations are age appropriate and reasonable. This means that we have to be realistic about where they are now and draw upon what we know about how they learn best. Realistic expectations aren't about "settling;" they are about genuinely seeing our children and helping them grow in their own special way.

Materials: Paper, Bristol board, cardboard, crayons, chalk, markers, glue, hand sanitiser, clear hair gel, Ziploc bag, flour, water, milk, oil, egg



Remote Learning Daily Schedule

Time	Activity
9:00 - 9:30	Personal Awareness Preparation for the day
9:30 - 10:00	Circle Time (Online) Discussion about values: Reading stories
10:00 - 10:15	Individual Activity (Online)
10:15 - 10:30	Fruit Time
10:30 - 11:00	Outdoor Play
11:00 - 11:30	Stories/Rhymes
11:30 - 12:30	Lunch Prep Lunch Break & Clean up
12:30 - 12:45	Recall - Discussions based on the day's activities

Activities for three (3) and four (4) year olds—PART 1

Monday

Routines in a Pandemic Poster

- Child will cut out or draw images as seen in the picture to make a poster
- Use the poster to help the child understand new routines to keep themselves safe and healthy



Tuesday

Helping Hands Chore Chart

- Discuss with child some simple tasks he/she can do to help with household chores
- Use hand cut-outs and write words or stick pictures of a simple task for the child to do
- Allow the child to complete tasks daily or as necessary
- At the end of the day, recall all the chores that were completed
- Three (3) year olds can draw pictures of the task
Four (4) year olds can copy and read the label.
- Parent and child can continue to add new tasks periodically



Physical Activity:

Colour Run

- Draw circles or squares outdoor using different coloured chalk
- Call out a colour and have your child run to that coloured area
- Continue to call out different colours in varying order



Wednesday

Creating a Rules Poster

- Parent and child discuss some of the rules at school, such as taking care of their personal items and turning off Water tap
- Child will draw or cut out pictures showing: children packing away belongings, turning off taps and caring for personal items
- Sort the pictures, stick on a sheet of Bristol board to create a poster
- Have child make labels for each heading.

Physical Activity:

Dino-Themed counting game

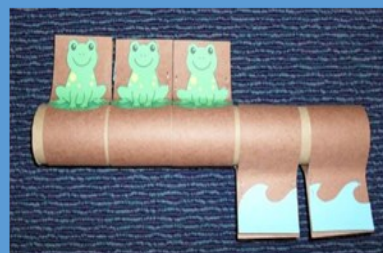
- Draw a few big Tyrannosaurus Rex footprints outdoor with sidewalk chalk or indoor with paper and crayons
- Allow the child to guess how many of his / her feet might fit inside one giant T-Rex foot
- Ask child to stand inside the footprint and trace his feet until the T-Rex foot outline is completely full
- Allow the child to count and see how close his guess was!
- Bonus game: The child can then leap from T- Rex foot to T-Rex foot in a dino-hopscotch
- Ensure the child cleans up after the game. If outdoors use a spray bottle for clean up



Physical Activity:

Speckled Frogs Flip Game

- Cut out five strips of brown paper
- Draw, cut-out and stick five frogs on one side and colour water on the other side of the brown paper
- Wrap each strip loosely around a paper roll as seen in the picture
- As the child sings, flip each frog down to show the water



"Five Little Speckled Frogs" Lyrics

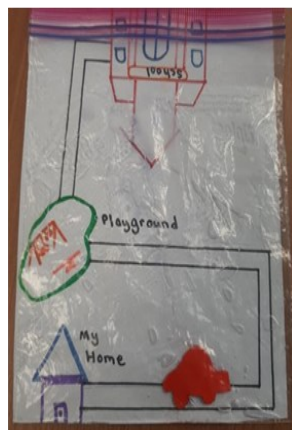
Five little speckled frogs
FIVE little speckled frogs
Sat on a speckled log
Eating some most delicious bugs
Yum Yum.
One jumped into the pool
Where it was nice and cool
Then there were FOUR speckled frogs (OR) Now
there are how many frogs? FOUR!
Glug Glug.
FOUR little speckled frogs
Sat on a speckled log
Eating some most delicious bugs
Yum Yum.

Activities for three (3) and four (4) year olds—PART 2

Thursday

Map my way to school

- Draw a simple map from home to school on a Ziploc bag
- Add some clear hand sanitizer or clear gel into the Ziploc bag
- Cut out a small car and place inside the bag
- The child will use his / her finger to move the car from home to school



Physical Activity: Neighbourhood Search

- Use the list to find these items as you go on a neighbourhood walk
- Check off the items on the list or use a phone to take pictures to review later

- A stop sign
- A blue flower
- Something with a tail
- Something round
- A fire hydrant



Friday

Pancake Day

- Follow the recipe to make pancakes

Basic Pancake Recipe for Children

Ingredients

- 100g white plain flour
- 1 egg
- 150ml milk
- 150ml water
- 1 teaspoon olive oil (plus a little more for greasing the pan)



Physical Activity: Flip the pancake

- Use cardboard or Bristol board to cut out circles to make pancakes.
- Two sets of cut-outs needed (5 for the three-year-olds and 10 for the four-year-olds)
- Allow child to write numbers on one set and the value on the other set.
- Use cardboard or Bristol board to make a spatula
- Allow the child to identify each number and corresponding value.
- Once found, allow child to use the spatula to flip the number onto the value



Weekly Web Quest

What is a WebQuest?

A WebQuest is an activity children complete using the Internet to get information on a specific topic.

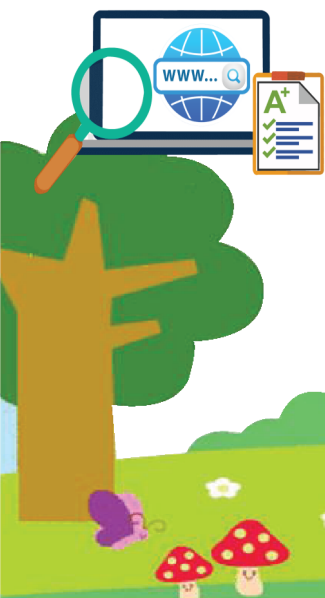
Select the link below and listen to a story entitled "My Day - Daily Routine" to learn about daily routines. A daily routine is a series of things that you do at a particular time or the practice of regularly doing things in a fixed order.

https://www.youtube.com/watch?v=qD1pnquN_DM

Select the link below to listen to a story entitled "Digger's Daily Routine"

<https://www.youtube.com/watch?v=6MX1sa3COKk>

Following the videos allow the child to create his or her own interactive daily routine chart, e.g. photo on front cover.

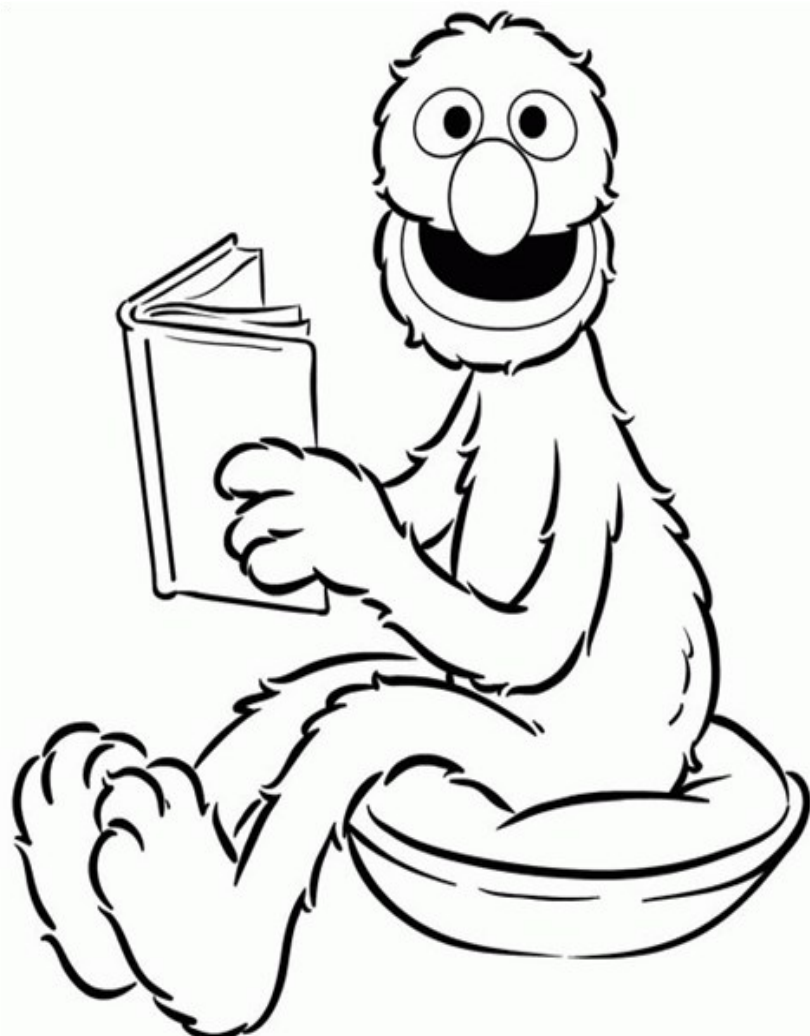
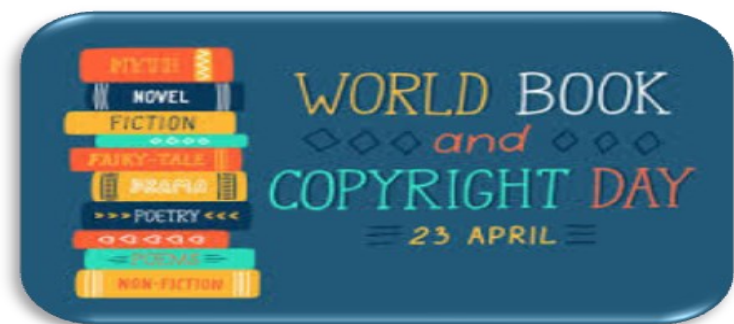


Colouring Page

World Book and Copyright Day

23 April 2021

World Book and Copyright Day is a day dedicated to acknowledge books and authors and to motivate people to explore the pleasure of reading. Books are a link between the past and the future, a bridge between generations and across cultures.



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Leading Stars ECCE
...bringing our classes closer to you!

Monday to Friday on

9:00 am (Circle Time)
10:45 am (Story Telling)
and 12:30 pm (Recall)

91.1
Talk City

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From Monday to Sunday
at 8:00 a.m. & 2:00 p.m.

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