

Government of the Republic of Trinidad and Tobago

MINISTRY OF EDUCATION



How to Encourage Literacy in Young Children and Beyond

There are ten ways in which to engage in literacy-building activities. These include print and information, communication and entertainment technologies, arts and crafts, making marks on paper, screens and other surfaces like sand and concrete, reading and creating images, and talking, as well as telling and acting out stories that are real or imagined.

Children can also engage with reading, recording and talking about the environment, reading signs in the environment, engaging in music, dance, song, and lastly, with texts and icons of religions and cultures.

These activities will be enjoyed and valued by children and their families as part of their everyday lives.

The sub-theme "Ancestors," is a crucial component in developing the ideals of 21st Century citizens who represent the pride of our nation and the continuation of our legacy.

The following are some reasons why it is important to know about our ancestors:

A sense of Identity. When children learn about their ancestors and the traditions and culture associated with

them it helps to build greater understanding of self; where they fit into the family tree; and how unique they really are.

Strength and Resilience. Telling children about their family history is one way of enhancing a child's individual strength and resilience from an early age. Many of the families who came to our shores endured and overcame



struggles and adversities, but have developed inner strength because of it.

Tracing and Connecting Roots. Some persons have been able to 'trace their roots' all the way back to their motherland on the African continent, from India, China, Europe and Arabia.

Our Ancestors



They learn about their culture and customs of these countries which can add value and meaning to their identity.

Good Health Choices. We live in a world where your health matters more and more. When we teach children about their family history and the health conditions that they need to guard against, it gives them further

awareness of self and the need to make good healthy choices to live longer, stay stronger and to lead a productive life. Helping children to begin the journey of discovering their ancestral roots provides an avenue for self acceptance and developing cultural sensitivity,

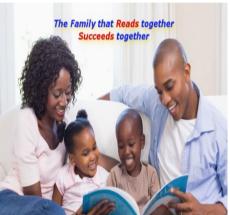
appreciating the diversity of others,



our rich culture, and to find a comfortable space within society.

Learning about one's heritage helps to create a strong sense of belonging and the need to achieve one's greatest potential.





ECCE Activity Pack

Remote Learning Daily Schedule

Time	Activity
9:00 - 9:30	Personal Awareness Preparation for the day
9:30 - 10:00	Circle Time (Online) Discussion about values: reading stories
10:00 - 10:15	Individual Activity (Online)
10:15 - 10:30	Fruit Time
10:30 - 11:00	Outdoor Play
11:00 - 11:30	Stories/Rhymes
11:30 - 12:30	Lunch Prep Lunch Break & Clean up
12:30 - 1 2:45	Recall - Discussions based on the day's activities

Tuesday

Family History Story time



Display photos of family members (grandparents, great-grand parents)
Discuss your family history and the country of origin where your ancestors may have descended
Draw pictures of family members

Activities for three (3) and four (4) year old—PART 1

Monday

How our Ancestors Came to Trinidad



- Create a boat with used newspaper
- Stick a straw or pallet stick into the centre of the boat
- Paint or colour a large sheet of paper blue
- Use rocks to represent other countries
- Move the boat from one country to the next

Physical Activity: Playing Batos (A Game Played by Taino, Our First People)

- Set up a goal post using an empty box, basket or anything suitable
- Use parts of the body such as knees, hips, elbows, shoulders to move a ball into the goal post
- Set up two goal posts where members of the family can all join in the game



Wednesday

Paper Doll Ancestry Dress Up



- Discuss your ancestral clothing/ wear/dress
- Cut out two paper dolls (use more if needed)
- Userecyclable materials to dress the paper dolls in ancestral clothing

Physical Activity: Jump Over the River

- Draw two parallel lines or use tape to create a river
- Encourage child to jump <u>"over the river"</u> by bending at the knees, extending their arms behind their backs, and swinging their



arms forward when they take off and land on their feet on the other side

Physical Activity: Dancing the Bele

- Show child picture of a bele dancer Speak to child about the
- Speak to child about the traditional dance
- Tie a piece of cloth around your child's waist
- Play music and allow child to dance the bele

Activities for three (3) and four (4) year old—PART 2

Thursday

Creating an Ancestral Hut



- Engage in discussion on the early types of homes some ancestors lived in Use repurposed and natural
- materials to create a hut
- Glue dried leaves on the top
- of the canopy/roof

Friday

Making Cassava Farine

- Peel and grate cassava
- Place in a cloth and squeeze out the water
- Rub between hands to make fine crumbs
- Spread on clean cloth/tray to dry in the hot sun for approximately 4 hours

With Parent Support:

- Parch dried cassava in iron pot over low fire stirring until lightly golden in colour
- Farine can be used as a cereal, added to hot chocolate drink or made into a porridge



Physical Activity: The Hut Trail



- Follow the pattern to create a trail outdoor
- Write the word 'hut' on a piece of paper/bristol board
- Allow your child to identify the letters from the word **hut**
- Follow the instructions on the trail
- to correctly match the word **hut**

Physical Activity: On the Ship; In the Canoe

Ancestor Game

- (played in the same way as in the river on the bank)
- Find an open concrete space and draw a large ship next to a smaller canoe
- Child will stand between the ship and canoe
- Encourage child to follow the instructions

Weekly Web Quest



Select one of the links below to learn about "what is an Ancestor?"

- https://www.youtube.com/watch?v=6sfOggdCIV8
- https://www.youtube.com/watch?v=filUvA5rxS0

Next, go to the link below and listen to the "Suitcase Story"
https://www.youtube.com/watch?v=34F0J2KYdFo

Following the suitcase story, each child will create their own suitcase story about their family history. Describe where their ancestors originated, what antiques their ancestors brought when immigrating, and what objects THEY (the child) would bring if they were to travel to a distant country.

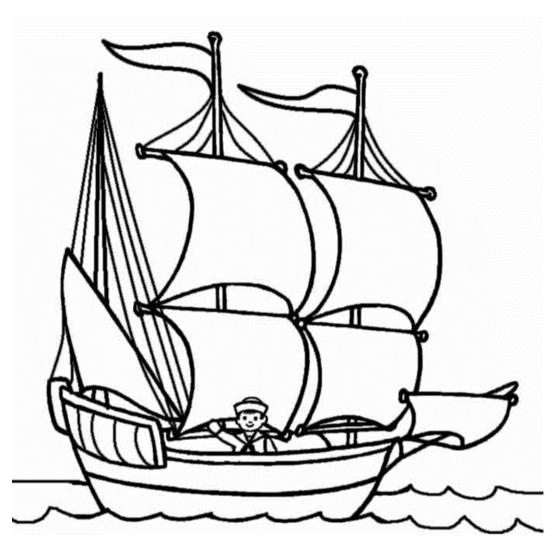
Material: Paper, Bristol board, brown paper, markers, twigs, pallet sticks, chalk, scrap cloth, pebbles/rocks, straw, family photos, dried leaves, cassava, grater, bowl, ball



ECCE Activity Pack

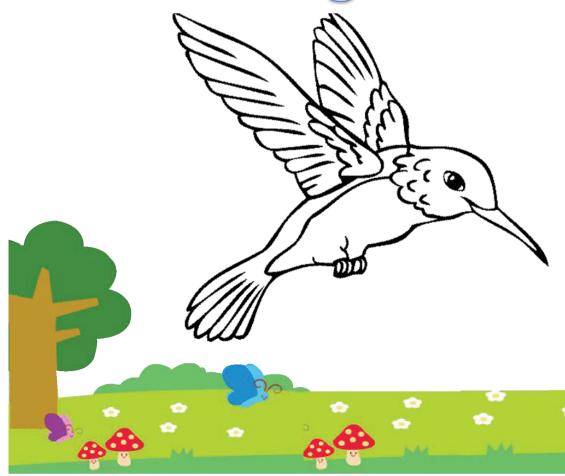
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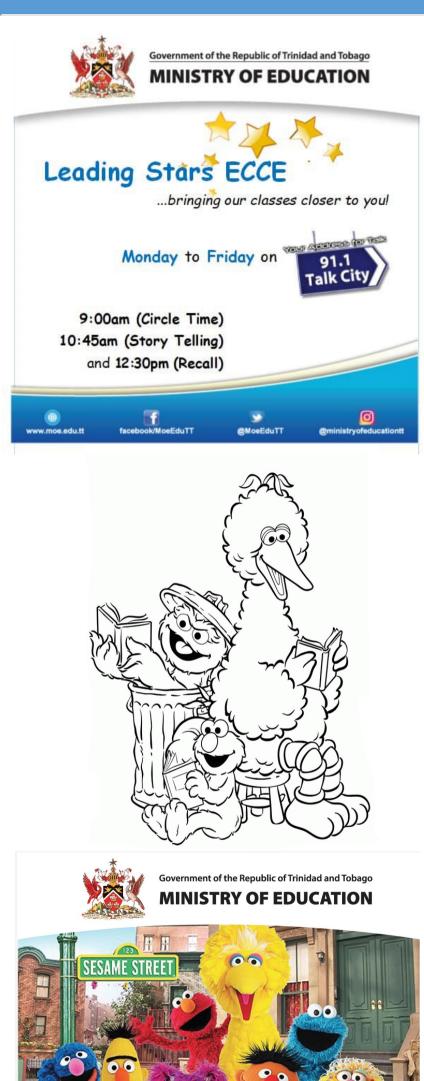
Let us colour



Trinidad-Land of the

Hummingbird





66

in collaboration with

IDB

SESAME WORKSHOP