

Government of the Republic of Trinidad and Tobago

MINISTRY OF EDUCATION



Budget Ideas for Making Memories at Christmas with your Children



It's so easy to feel that the money is just flying out of your wallet at this time of year for purchasing gifts, food, trees, decorations, and materials for school activities to name just a few! In reality, our children want and need our undivided attention. They want to spend time making happy memories that last a lifetime. The saying, "Children spell LOVE T-I-M-E," is very true and today's list includes a range of activities that are sure to fill your child's love bucket and memory bank. These activities, while only requiring little planning and organizing are also kind to the pocket. Enjoy!



Here are a few things you can do:

- Go for a walk or drive around your neighborhood in the evening to look at homes adorned with Christmas lights
- Watch a new-to-you Christmas movie (or an old favourite) and stay in for a family movie night. Popcorn is essential!
- Create something Christmassy and crafty as a family
- Head outdoors for some family fun time. A visit to the beach, a hike through the trail (depending which side of the world you are on!)
- Cook or bake together. Make treats to enjoy together or give as gifts
- Take a family photo or make a video interviewing each family member about their favourite family memories from the year that went
- Visit the library and borrow some Christmas books to read together or start a new read aloud tradition and read a little as a family each evening



Activities for three (3) and four (4)year old—PART 1



Monday

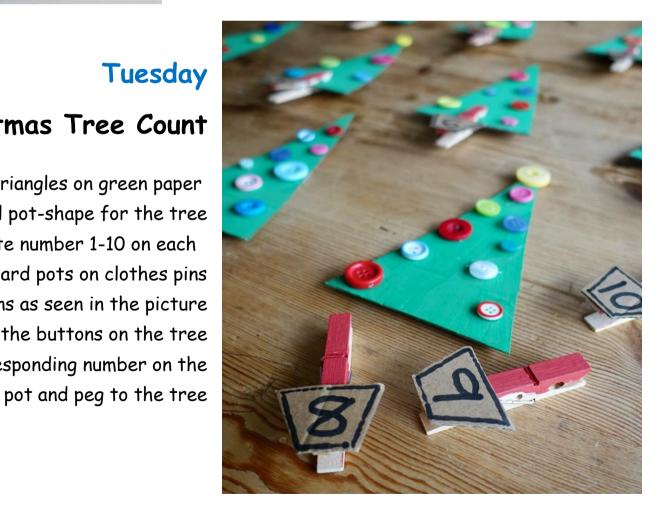
Christmas Tree Colour Match

- Use a shoe box and paper to follow the pattern as seen in the picture
- Match coloured pom poms in the space

Tuesday

Christmas Tree Count

- Cut out triangles on green paper - Cut out 10 small pot-shape for the tree and write number 1-10 on each - Stick cardboard pots on clothes pins - Stick buttons as seen in the picture - Count the buttons on the tree - Find the corresponding number on the



Activities for three (3) and four (4)year old—PART 2

Wednesday

Twig Tree Ornament

- Gather twigs or pallet sticks
 Follow the image
- Create a tree similar to the one in the picture





Thursday

Christmas Tree Maze

- Create an image similar to the one in the picture
- Try to get the ball to the top of the tree

Friday

Icy Ornament Sensory Play

- Place small Christmas ornaments in an ice cube
 - Allow it to freeze
- Ask the child to guess what images are in the ice cube
- Once he/she is correct give the child the opportunity to crush the cube to get the image



Let's colour

