

Government of the Republic of Trinidad and Tobago

MINISTRY OF EDUCATION



Tips for Transitioning from Home to the Early Childhood Centre

Parents of children entering a preschool programme for the first time can utilise these tips to help both you and your child transition easily.



- 1. Listen to read-aloud stories online so that your child gets used to hearing someone, other than mom, dad, or Grandpa, read books aloud in a group setting.
- 2. Establish a routine several weeks before school begins so your child has time to adjust to a new schedule.
- 3. Attend the online orientation to meet the staff.
- 4. Make a book at home about the new preschool experience your child is about to begin. Perhaps, take photos of the school your child will be attending and add text such as: "This is Sammy's school."
- 5. Tell stories about when you went to school and share how you felt about it. Find childhood pictures of yourself and other adults in your child's life and talk about the photos.
- 6. Select a special object from home that your child can take to school, such as, a lunchbox, a book to share, and a small pillow for rest time.
- 7. Read books about going to school and saying goodbye, for example:
 - The Kissing Hand by Audrey Penn
 - David Goes to School by David Shannon
 - Will I Have a Friend? by Miriam Cohen
 - First Day of School by Anne Rockwell
 - When I Miss You by Cornelia Maude Spelman
 - Take a Kiss to School by Angela McAllister
 - It's Time for Preschool by Esme Raj Codell
 - A Pocketful of Kisses by Audrey Penn
- 8. Remember that separation is a process. Expect that you and your child may need time to feel comfortable with the new situation.

Dear Parents on behalf of the ECCE Division we wish to thank you for choosing our programme. We know the children and parents transitioning to Primary school will have a seamless experience with many future successes. Continue to dream big, think big and do great things!









Remote Learning Daily Schedule

Time	Activity
9:00 - 9:30	Personal Awareness Preparation for the day
9:30 - 10:00	Circle Time (Online) Discussion about values: Reading stories
10:00 - 10:15	Individual Activity (Online)
10:15 - 10:30	Fruit Time
10:30 - 11:00	Outdoor Play
11:00 - 11:30	Stories/Rhymes
11:30 - 12:30	Lunch Prep Lunch Break & Clean up
12:30 - 12:45	Recall - Discussions based on the day's activities

ECCE Activity Pack

Activities for three (3) and four (4) year olds—PART 1

Monday

My New Experiences Journal

- -Using Bristol board for the cover and sheets of paper for pages, create a book for the child to use as a journal
- -The journal should be used to chart new experiences the child may have, or have had, as they transition from the



three-plus group to the four-plus group or from home to preschool

- -The pages could be labelled as follows: Me (child draws self), My new school, My uniform, My teachers, My supplies, My classroom or my online classroom, My friends, My best friend
- -Let child draw or stick pictures to chart any new experiences they may have

Tuesday

Friendship Chain

- Ask child to tell you about his/her friends
- Using strips of paper, glue or tape each end together to form a ring
- Using another strip of paper, place one end through the first ring of paper and stick each end together
- Continue making the paper chain
- Encourage child to write the first letter of his/her friend's name
- Leave some blank rings of paper to fill in the names of new friends he/she will make at school.

Physical Activity: Number Toss

- Cut out five circles on Bristol board or cardboard
- Paint or colour each circleWrite numbers one to five on each
- circle
- Set up an area as seen in the picture
- Parent will call out a number or colour and the child will toss a ball towards that circle



Physical Activity: Action ball

-Parent will throw ball to child. When the child catches the ball, parent will call an action (e.g. hop two times) and the child will do the action

-The child will then throw the ball back to the parent and in turn the parent performs an action



Wednesday

Creating Labels for My New Books and Stationeries

- Talk about the new books and stationeries the child would be using at their new school or in their new class
- Child will design and create special labels for their new books and stationaries
- Children moving to primary school can write their name, class and subject on the labels. Those moving up to the 4+ class can be encouraged to write their first name on the labels





Physical Activity: Ball Bounce

- Using tape or chalk create a pattern as seen in the picture or design your own
- Child will bounce a large ball along the line/s from one point to the next
- Try completing all the patterns





ECCE Activity Pack

Activities for three (3) and four (4) year olds—PART 2

Thursday

Creating a Library

- Using a large cardboard box, cut off the flaps of the box
- Cover the flaps with gift paper and stick on the inside of the box to create the sections\shelves (see picture)
- Allow the child to paint/ decorate/cover with gift paper, the outside of the box
- Once dried, the child can place his/her books onto the book shelf





Physical Activity: Shape Finder

- Set up an area indoor or outdoor as seen in the picture
- Allow the child to roll the die. Whichever shape is shown on the die, is the shape the child will then jump onto



Friday

Pinwheel Sandwiches

- Child will cut out the crust of the bread then spread his/ her choice of filling (e.g. cheese paste, peanut butter, jam)
- Roll up the slice of bread to form a roll
- Wrap the roll in a paper

a paper

towel or a piece of foil and refrigerate for fifteen minutes

- Cut out slices to create the pinwheel
- Encourage child to plate the sandwich and enjoy for lunch

Friendship Fruit Salad

- Collect different fruits that the child likes
- Allow the child to cut the fruits into small pieces and place into a bowl
- Have the child mix the fruits together and enjoy as a snack



Physical Activity: Blindfolded Catch



- In an open space, the child will stand and then be blindfolded with a strip of cloth
- The parent or a sibling will stand a distance away from the child and by giving directions. Guide the child to come towards them
- The child will listen to the sound of the parent's or sibling's voice and attempt to find/reach him/her

ECCE Activity Pack

Colouring Page



Bye! We'll Miss You!



