



ECCE Activity Pack

Week 11 Term 2

How to Help Your Child Develop Empathy

Empathy is the ability to imagine how someone else is feeling in a particular situation and respond with care. This is a very complex skill to develop. Being able to empathise with another person means that a child:

- recognise common feelings that most people experience, such as happiness, surprise, anger, disappointment and sadness,
- is able to look at a particular situation, such as watching a peer saying good-bye to a parent at child care and imagine how he/she might feel in that moment; and
- can imagine what response might be appropriate or comforting in a particular situation, such as offering his/her friend a favourite toy or teddy bear to him/her.

Tips to Nurture Empathy

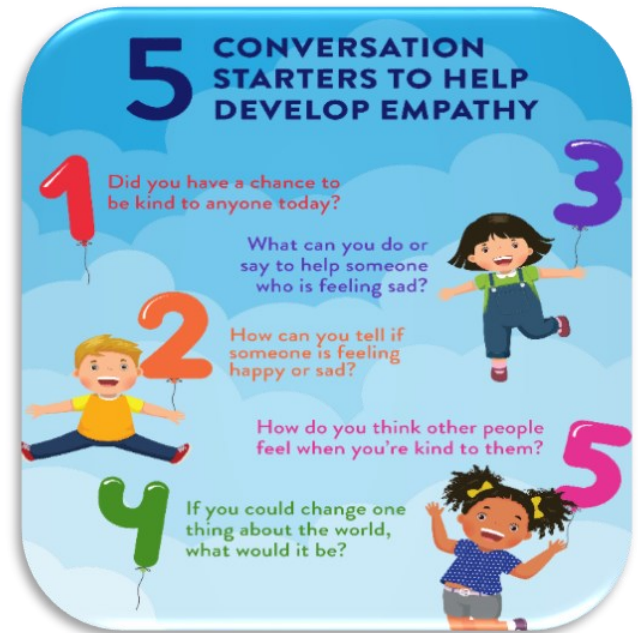
Empathise with your child. For example, "Are you scared of that dog? He is a nice dog but he is barking really loud. That can be scary. I will hold you until he walks by."

Read stories about feelings. Some suggestions:

- *My Many Coloured Days* by Dr. Seuss
- *Feelings* by Alik
- *The Feelings Book* by Todd Parr

Be patient. Developing empathy takes time. Your child probably will not be perfectly empathetic by age three. In fact, a very normal part of being a **toddler** is focusing on **me, mine, and I**.

Remember, empathy is a complex skill and will continue to develop across your child's life.



Remote Learning Daily Schedule

Time	Activity
9:00 - 9:30	Personal Awareness Preparation for the day
9:30 - 10:00	Circle Time (Online) Discussion about values: reading stories
10:00 - 10:15	Individual Activity (Online)
10:15 - 10:30	Fruit Time
10:30 - 11:00	Outdoor Play
11:00 - 11:30	Stories/Rhymes
11:30 - 12:30	Lunch Prep Lunch Break & Clean up
12:30 - 1 2:45	Recall - Discussions based on the day's activities

Materials: cardboard box, paper, scissors, glue, markers, clothes pins, board/cardboard, nails, hammer, plant pot, pebbles, sticks, donuts, cookies

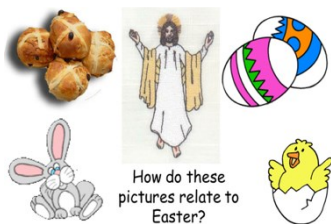


Activities for three (3) and four (4) year olds—PART 1

Monday

Easter Story

- Read the story of Easter to the child
- Discuss the Easter story
- Look at the picture with Jesus, Easter bunny, egg, chicken and hot cross buns and discuss how the items refer to Easter



THE STORY OF EASTER for little ones

based on Luke 22-24 & Mark 14-16

1. After dinner, Jesus goes to the Garden to pray. He knows something is going to happen.
2. Some men come to take Jesus away.
3. They dress him in a purple robe and a crown of thorns. Jesus carries a cross up the hill.
4. Jesus dies on the cross. Darkness comes over all of the earth.
5. Jesus' body is laid in a tomb. A big stone is rolled against the door.
6. The next morning, Mary and some other women come to the tomb and find that the stone has rolled away! It is empty! Where is Jesus?
7. An angel appears and says, "He is Risen!"

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Physical Activity: The donkey (colt) Walk

- Use the template to cut and assemble a donkey/colt
- Find an area outdoor, draw a start and finish line (10 feet apart)
- Allow the child to walk the donkey from the start line to the finish line



Tuesday

Sequencing the Easter story

- Discuss the Easter story with the child
- Look at the pictures and have child sequence the story
- Allow the child to write numbers in each box in order of the Easter story



Physical Activity: Resurrection Scavenger Hunt

- Discuss the items to be hidden and the significance of them
- Hide the items around the house
- Allow the child to search for the items

RESURRECTION SCAVENGER HUNT

- ☐ Bread - Jesus broke this and shared with His disciples.
- ☐ Palm Leaf - Laid in the Street when Jesus entered Jerusalem.
- ☐ Silver Coins - Judas was willing to betray Jesus for 30 coins.
- ☐ Grape Leaf or Thorn - Jesus' crown was made of grapevine thorns.
- ☐ Perfume - Mary Poured on Jesus' feet.
- ☐ 2 Sticks - Jesus' Cross.
- ☐ Something Red - Jesus' Blood.
- ☐ Nails - To secure Jesus to the cross.
- ☐ Rock - Tomb.
- ☐ Spice Bag - Spices were used to prepare Jesus for burial.
- ☐ Something Empty - Jesus has risen!
- ☐ White/Cream Cloth - All that remained in the tomb.
- ☐ Something New - The old is gone and new has come!

Wednesday

Creating a Tomb

- Gather the items seen in the picture
- Discuss the Easter story with the child
- Allow the child to create a tomb



Physical Activity: Empty tomb

- Use a clothes pin and paper, create the image seen in the picture
- Allow the child to use his/her fingers to pinch the clothes pin to move the stone from the tomb's entrance



Activities for three (3) and four (4) year olds—PART 2

Thursday

Dramatising the Easter Story

- Choose a space outside and draw the image as seen in the picture
- The child will dramatise the Easter story using the pictures as a guide
- E.g. The Last Supper- Eating action, Garden of Gethsemane- Kneel and Pray action



Friday

He is Risen - Donut tomb

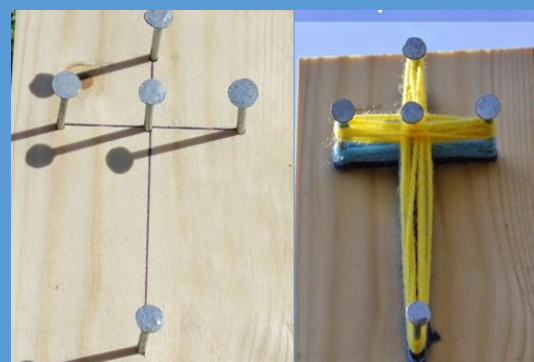
- Use a half or whole donut and a cookie/biscuit
- Arrange the items to create a tomb (as seen in the picture)
- Write the words "He is Risen" and place on the donut



Physical Activity: Hand Printing the Cross

- Draw a large cross as seen in the picture
- Child can use different colour paints to print and fill out the inside of the cross

Physical Activity: String Art Easter Cross



- Hammer five nails into a piece of board as seen in the photo
- Follow the pattern, wrapping string around the nails to create your own string art Easter Cross

Weekly Web Quest

What is a WebQuest?

A WebQuest is an activity children complete using the Internet to get information on a specific topic.

Select the link below to learn about **Easter**. Easter is a Christian holiday that celebrates the belief in the resurrection of Jesus.

Select the link below and listen to a story about Easter entitled "A Very Special Sunday"

<https://www.youtube.com/watch?v=FYdP7nozxUQ>

Following the video use the image of the cross with the heart, located on the colouring page. Allow the child to draw/stick pictures of people they love in the heart.





World Down Syndrome Day

Sunday 21 March 2021

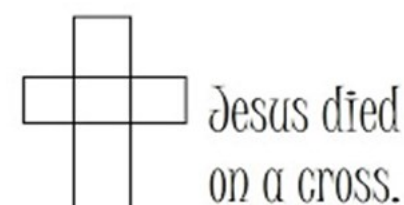
#LotsOfSocks to get people talking on World Down Syndrome Day

All you need to do is wear socks that are going to be noticed- they might be mismatched socks or your craziest and most colourful socks, whatever takes your fancy!

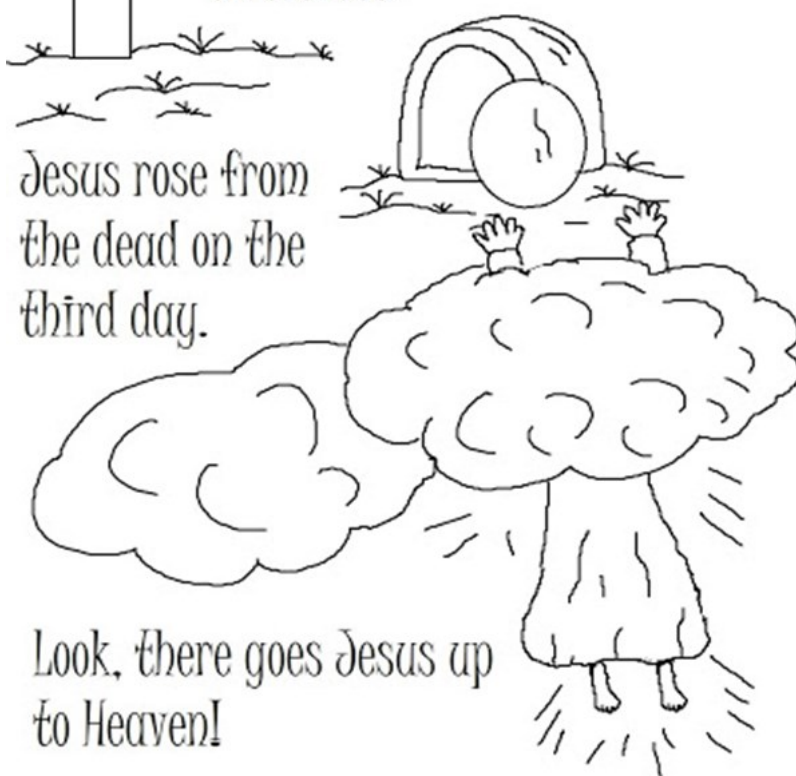
Colouring Page



✧ *Jesus Loves You!*



Jesus died
on a cross.



Jesus rose from
the dead on the
third day.

Look, there goes Jesus up
to Heaven!



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Leading Stars ECCE

...bringing our classes closer to you!

Monday to Friday on



9:00 am (Circle Time)

10:45 am (Story Telling)

and 12:30 pm (Recall)

www.moe.gov.tt [facebook/MoeEduTT](https://www.facebook.com/MoeEduTT) [@Ministry of Education-TT](https://www.instagram.com/MinistryofEducationTT) [@MoEduTT](https://www.youtube.com/channel/UCMoEduTT) [@ministryofeducationtt](https://www.linkedin.com/company/ministryofeducationtt)

From Monday to Sunday
at 8:00 a.m. & 2:00 p.m.

Digicel Channel 4
& On Demand / Education folder.
Flow Digital 104 & Analog 4
Amplia Channel 104
Green Dot on Channel 4



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SESAME STREET

in collaboration with



SESAME WORKSHOP